

Cowboy Beans

Unit: 4 Qt and Steamer

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| 1 - Pound Ground Beef | 1/2 - Cup of Brown Sugar |
| 1 - Large Onion Cut on #2 Blade | 1 - Cup of Ketchup |
| 2 - 16 Oz. Cans of Kidney Beans | 2 - Tablespoons of Dried Mustard |
| 2 - 16 Oz. Cans of Baked Beans | 2 - Tablespoons (Vinegar to Taste) |

First, steam the hamburger in the steamer insert and 4 qt saucepan. Next, pour the water out of the 4qt and combine all ingredients together. Rotate the valve below the knob to open and seal the lid on the 4qt.

Cook on medium heat until the valve activates loudly. Rotate the valve closed and reduce to low heat until the onions are fully cooked. (Approx. 20-30 minutes) This is a great dish to just simmer until your meal is ready!