

Waldorf Salad

Unit: Small or Large Skillet

4 – Ribs of celery

1 – Medium Golden Delicious apple, cored

1 – Medium red apple, cored

½ - Cup of raisins

½ - Cup of warm water

½ - Cup of plain yogurt

¼ - Cup reduced-fat mayonnaise

¼ - Cup of buttermilk

**1 – Cup of seedless grapes,
halved**

Cut the celery with the #2 blade and the apples with the #5 blade. In a small bowl, combine raisins and warm water; let stand 30 minutes to plump, and then drain.

In second small bowl using wire whisk, blend yogurt, mayonnaise and buttermilk until smooth.

In large salad bowl, combine celery, apples, raisins and grapes. Drizzle dressing over the salad; toss lightly. Cover and refrigerate until chilled.