

# Pancakes

*Unit: Griddle or Gourmet Skillet*

**Pancake mix**      **1 - 2 Cooking apples cut on #2 blade**  
**Cinnamon**

Use any pancake mix and add water. There is no need to add oil to batter. Combine ingredients as directed on instructions and add cinnamon with the shredded apples.

Heat unit on medium heat until water beads like mercury when sprinkled onto it. Next, pour pancake mix onto the non oiled unit. As the pancakes start to dry around the edges turn them over with a **thin metal spatula**. If you are using the electric skillet, cook on 400.

(Note: If the pancakes are too dark, turn heat down a little. If they come out too light, turn heat up a little.)